

MAR

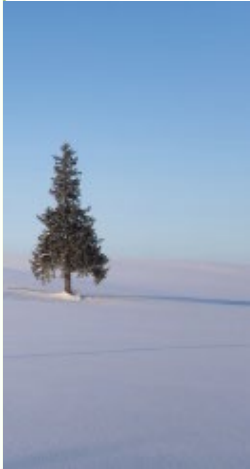
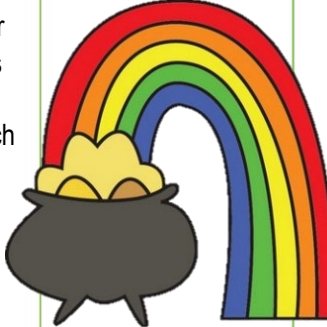

THE Heritage Place MENU

	Mon. Mar 4	Tues. Mar 5	Wed. Mar 6	Thurs. Mar 7	Fri. Mar 8	Sat. Mar 9	Sun. Mar 10
LUNCH	No Lunch Today 	Roasted Tomato and Pepper ~ Egg Salad Sandwich Pickled Beets ~ Pollock Nuggets Coleslaw ~ Butterscotch Pudding	Split Pea with Ham ~ Spanakopita (Pastry filled with spinach, ricotta and feta cheese) Greek Salad ~ Pulled Pork on a Bun Bread & Butter Pickles ~ Oatmeal Raisin Cookie	Italian Wedding ~ Mixed Berry Waffles Cottage Cheese ~ Quesadilla Salsa & Sour Cream Kernel Corn ~ Mocha Jelly Roll	Cream of Mushroom ~ Pepperoni Pizza Garden Salad ~ Tuna Melt Cucumber & Red Onion Salad ~ Coconut Cream Pudding	Broccoli Cheddar ~ Chicken Burger Fries ~ Roast Beef and Cheddar on Rye Coleslaw ~ Apple Fritter	No Lunch Today 
DINNER	Homemade Lasagna Garlic Bread Caesar Salad ~ Chicken Cordon Bleu Roasted Potatoes Wax Beans ~ Fruit Crisp	Turkey Schnitzel Cranberry Sauce Mashed Potato Mixed Vegetables ~ Spinach & Cheese Quiche Garden Salad ~ Cheesecake	Meatball Sub (with Tomato Sauce and Mozzarella Cheese) Italian Vegetables ~ Ham & Potato Casserole Corn Bread ~ Chocolate Cake	Turkey Pot Pie Mashed Potatoes Carrots ~ Ginger Beef Rice Stir Fry Vegetables ~ Butterscotch	Salmon with Dill Sauce Roasted Potatoes Carrots ~ Beef Stew Cheese Biscuit ~ Assorted Desserts	No Dinner Today 	Roast Beef Yorkshire Pudding Horseradish Mashed Potato Broccoli & Cauliflower ~ Haddock Filet Roasted Potatoes Carrots ~ Lemon Shortcake

Please sign up for meals by 1:00 PM the day prior to the scheduled seating.

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THE Heritage Place MENU

	Mon. Mar 11	Tues. Mar 12	Wed. Mar 13	Thurs. Mar 14	Fri. Mar 15	Sat. Mar 16	Sun. Mar 17
LUNCH	<p>No Lunch Today</p> 	<p>Potato Bacon ~ Ruben Sandwich Dill Pickle ~ Cheese Ravioli Broccoli ~ Strawberry Mousse</p>	<p>Turkey Rice ~ Chicken Nuggets Plum Sauce Fries ~ Bruschetta (Garlic Bread with cheese topped with diced tomato) Garden Salad ~ Double Chocolate Cookie</p>	<p>Vegetable ~ Macaroni with Tomato & Beef Broccoli ~ Cheese Dream (Melted Cheese, Green Onion, Bacon Bits) Garden Salad ~ Tapioca Pudding</p>	<p>Cream of Asparagus ~ Turkey & Cheese Wrap Cauliflower & Broccoli with Dip ~ Scrambled Eggs Toast with Jam Bacon ~ Macaroon</p>	<p>Cauliflower & Cheese ~ Chicken Caesar Wrap with Fries ~ Salmon Sandwich Potato Chips ~ Muffin</p> 	<p>No Lunch Today</p>
DINNER	<p>Spaghetti with Meat Sauce Caesar Salad Garlic Bread ~ Farmers Sausage Sauerkraut Baked Beans ~ Ambrosia</p>	<p>BBQ Riblet Sweet Potato Mash Green Beans ~ Beef Chili Garlic Bread ~ Carrot Cake</p>	<p>Chicken Thighs Mashed Potato Corn ~ Cod Loin Roasted Mini Potatoes Coleslaw ~ Vanilla Cake</p>	<p>Turkey Casserole (Diced Turkey, Cranberry Sauce, Stuffing topped with Mashed Potato) Carrots ~ Vegetable Lasagna Garden Salad ~ Banana Cake</p>	<p>Hot Hamburger Mashed Potato Mixed Vegetables ~ Battered Haddock Potato Wedges Coleslaw ~ Date Square</p>	<p>No Dinner Today</p> 	<p>Cottage Roll with Mustard Sauce Baked Potato Sour Cream Green Peas Pearl Onion ~ Salmon Loin Baked Potato Sour Cream Beets ~ Apple Pie with Cheese</p>

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THE Heritage Place MENU

	Mon. Mar 18	Tues. Mar 19	Wed. Mar 20	Thurs. Mar 21	Fri. Mar 22	Sat. Mar 23	Sun. Mar 24
LUNCH	No Lunch Today 	Beef Vegetable ~ Hawaiian Pizza Garden Salad ~ Tuna Sandwich Cucumber Slices ~ Banana Pudding	Tomato Soup ~ Grilled Cheese Garden Salad ~ Sausage & Egg Breakfast Sandwich Tomato Slices ~ Chocolate Chip Cookie	Minestrone ~ Breaded Chicken Wings Veggies and Dip ~ Pastrami Sandwich Potato Salad ~ Jelly Roll & Whipped Topping	Cream of Carrot ~ Parmesan Leek Pastry Garden Salad ~ Cream Cheese Bagel Vegetable Salad ~ Peanut Butter Cookie	Cream of Chicken ~ Turkey & Cheese on a Kaiser Coleslaw ~ Pancakes Maple Syrup Breakfast Sausage ~ Mini Dessert Tart	No Lunch Today 
DINNER	Corned beef Sauteed Cabbage Mashed Potatoes ~ Parmesan Salmon Roasted Potatoes Carrots ~ St. Patrick's Poke Cake	Chicken Pot Pie Mashed Potatoes Green Peas ~ Oktoberfest Sausage on a Bun French Fries Coleslaw ~ Boston Cream cake	Shepherd's Pie Mixed Vegetables ~ Sweet & Sour Pork Rice Stir Fry Vegetables ~ Baklava	Butter Chicken Rice Peppers & Onions Naan Bread ~ Tourtiere Pie Mashed Potato Squash ~ Chocolate Éclair	Chicken Teriyaki Rice Snap Peas ~ Crunchy Perch Potato Wedges Coleslaw ~ Lemon Buttermilk Cake	No Dinner Today 	Sliced Ham Scalloped Potatoes Mixed Vegetables ~ Shrimp Creole Rice Green Peas ~ Strawberry Rhubarb Pie

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THE Heritage Place MENU

	Mon. Mar 25	Tues. Mar 26	Wed. Mar 27	Thurs. Mar 28	Fri. Mar 29	Sat. Mar 30	Sun. Mar 31
LUNCH	<p>No Lunch Today</p> 	<p>Vegetable Split Pea ~ Pierogis Sour Cream Fried Onions & Bacon ~ Hot Dog Fries ~ Ice Cream Treat</p>	<p>Butternut Squash ~ Chicken Fingers Plum Sauce French Fries ~ Sushi (California Roll) Salad ~ Chocolate Mousse</p>	<p>Beef Barley ~ Cannelloni Sautéed Spinach and Onion ~ French Toast Peameal Bacon ~ Rice Pudding</p>	<p>Chicken Noodle ~ Captain (Fish) Burger Fries ~ Macaroni & Cheese Stewed Tomatoes ~ White Chocolate Macadamia Cookie</p>	<p>Cream of Potato ~ Canadian Pizza (Bacon, Mushroom, Pepperoni) Garden Salad ~ Assorted Sub Potato Chips ~ Black Forest Pudding</p>	<p>No Lunch Today</p> 
DINNER	<p>Liver & Onion Bacon Strips Mashed Potato Mixed Vegetables ~ Chicken Balls Sweet & Sour Sauce Fried Rice Broccoli ~ Trifle</p>	<p>Orange Glazed Meatballs Egg Noodles Broccoli ~ Sausage & Pepper Frittata Garden Salad ~ Maple Sugar Cake</p>	<p>Beef Pot Pie Mashed Potatoes Green Beans ~ Crusted Tortilla Tilapia Sweet Potato Puffs Coleslaw ~ Brownie</p>	<p>Fried Chicken Mashed Potatoes Corn ~ Pork Souvlaki Tzatziki Sauce Rice Greek Salad ~ Raspberry Turnover</p>	<p>Battered Cod Potato Wedges Pineapple Coleslaw ~ Herb & Garlic Dusted Shrimp Garden Salad ~ Hawaiian Cake</p>	<p>No Dinner Today</p> 	<p>Beef Wellington Served with Gravy Mashed Potatoes Carrots ~ Crab Cakes Dipping Sauce Coleslaw Roasted Potatoes ~ Cherry Pie</p>

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