

WHAT SHOULD I BRING?

- Comfortable, loose fitting clothing, undergarments, and sleepwear.
- Supportive non-slip shoes that currently fit your feet.
- Preferred toiletries such as shampoo, skin creams, and hairbrush.
- Laundry detergent.
- Mobility equipment such as a walker or cane.
- Cash, cheques, Debit and/or Credit Card for additional fee-based services.

Please DO NOT bring any medications.

Please bring an updated list of medications, as all medications are provided through the Home's pharmacy and administered by Nursing Staff.



"The Elston Unit Convalescent Care program is leaps and bounds ahead of the pack! My mom has made great progress in her rehabilitation and recovery thanks to the dedicated team of staff!"

Family Council



Established in Barrie in 1940, the IOOF Seniors Homes Inc. is respected in the community as a not-for-profit charitable organization offering quality care in a continuum of services from long-term care to various housing options for seniors. The Corporation is governed by a volunteer Board of Directors and directed by qualified and experienced management who employ more than 270 staff. Additional services are enhanced by enthusiastic volunteers. In 2013, within the Elston Unit, 20 convalescent care beds were opened to the community.



IOOF Seniors Homes Inc. **Convalescent Care - Elston Unit**

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CONVALESCENT CARE

THE ELSTON UNIT AT THE IOOF SENIORS HOMES



IOOF
SENIORS HOMES INC.

Caring is Our Reason for Being...

ABOUT THE PROGRAM

Convalescent Care at the IOOF Seniors Homes is a short stay program that provides rehabilitation services to those who require a period of time to convalesce as they recover from surgery or illness. The focus of the program is to ensure the individual is actively involved in regaining strength, endurance, and functioning. The goal is to support independence allowing the individual to return home.

How do I access the program?

Referrals are coordinated through *Home and Community Care Support Services - North Simcoe Muskoka*, and may be made directly by your Doctor or Hospital Discharge Planner. The program accepts clients from across Ontario.

Please Contact 1-888-721-2222

Convalescent Care needs will be assessed during a minimum 7 day stay - up to a maximum of 90 days per calendar year.

Is there a cost for the program?

There is no cost for the care and accommodation while participating in the program. The program is funded through the Ministry of Long-Term Care.



SCAN NOW

FOR A WALK-THROUGH
OF THE IOOF'S
CONVALESCENT CARE
PROGRAM.



INDIVIDUAL CARE PLAN

Along with an interdisciplinary care team, goals will be developed based on individual needs. Care plans are developed with each individual in collaboration with a group of core team members, including:

Home and Community Care Coordinator
Physician/Nurse Practitioner
Nursing
Physiotherapy
Occupational Therapy
Restorative Care
Dietitian
Recreation & Leisure
Personal Support

SERVICES INCLUDED:

- 24-hour nursing and personal care.
- Rehabilitation services and treatment including TENS, ultrasound, and hot packs.
- Well-equipped physio gym.
- Medical care provided by physician and on site nurse practitioner.
- Three nutritious meals and three snacks throughout the day.
- Social, recreational, and spiritual programs.
- Housekeeping.
- Accessibility to laundry machines. (Will require laundry detergent.)
- Seating and mobility assessments are available prior to discharge if required.
- Access to all Resident lounges, outdoor courtyard, and campus amenities.

Additional Fee-Based Services:

- Telephone
- Television
- Tuck Shop & Tuck Cart
- Specialized Dental Care
- Personal Mobility Equipment and Assistive Devices
- Foot Care, Hearing Aid, & Optometry
- Massage Therapy
- Hairstyling
- Transportation Costs
- Pharmacy Dispensing Fees & Other Prescription Related Fees