Contact us at the **IOOF SENIORS HOMES INC. (705) 728-2389** www.ioof.com

Long-Term Care Odd Fellow & Rebekah Home

10 Brooks Street Barrie, ON L4N 5L3

Convalescent Care Elston Unit at

Odd Fellow & Rebekah Home 10 Brooks Street

Barrie, ON L4N 5L3 **Supportive Housing**

Heritage Place 20 Brooks Street Barrie, ON L4N 7X2

Independent Living **Apartments**

Odd Fellow & Rebekah Manor 10A Brooks Street Barrie, ON L4N 5L3

> Life Lease Suites The Terraces

at Heritage Square 92 Dean Avenue Barrie, ON L4N 0M3

Remember that you are always welcome, as a group or individually, to tour the IOOF Homes. We are very proud of our history and are happy to share our story.

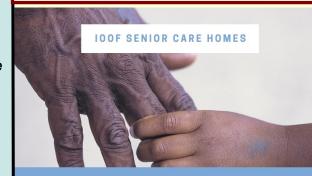
Please contact us at (705) 728-2389 to book a tour.

YES I WANT TO HELP...

705-725-4610

BUTTERFLY PROJECT





To care for those who once cared for us is one of the highest honors.



The City of Toronto now has a report to guide its long-term care homes through the transformation to emotion-focused care. Prompted by a Star series on Peel Region's year-long pilot of a Butterfly Model home, city council voted unanimously last July to hire an independent researcher to evaluate the U.K.-based program and other similar models. The IOOF Seniors Homes has reviewed the report, and taken the suggestions and recommendations to heart. For more information on our Butterfly Project, and to read about how it is making news, please follow us on Facebook for updates.

DONATE ONLINE

Visit www.ioof.com and click on DONATE NOW.

Please call the Revenue **Development Office at** 705-725-4610 or by email at mrobichaud@ioof.com for information on monthly donations, pledges and corporate matching programs. Every dollar helps!

f\$	
Province	Postal Code
E-mail	
Seniors Homes Inc ue Development (
	E-mail _

O Cheque Enclosed O Bill my Credit Card O Master Card Please make your cheque payable to the IOOF SENIORS HOMES INC. Card Holder's Name: Credit Card Number: Expiry Date: O In Memory of For Tribute Donations: O In Honour of NAME Send Acknowledgement Card to: Name Address Province Postal Code





Spring 2019

A STORIED PAST. A BRIGHT FUTURE

We know behind every life lived, there is a story to tell. That is why going forward in 2019, we will be focusing on

you: The residents, the family members, the heart and soul behind all we do, the stories you share with us, and

the wisdom you impart. A storied past, a bright future. Join us as we embark on a new adventure together.

2018/2019 **Board of Directors**

John Nichols Chair/President

Jim Edwards Vice Chair

June Ritchie Secretary

Gwen Barron Gene Dopp George Clarke Jim Broadfoot Michael McKean Duncan McMillan Charles Pole **Terry Switzer** Susan vanAmelsvoor June Ventresca

> Garry C. Hopkins Chief Executive Officer

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The Butterfly Project

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Donate on-line

Agnes Uppers Retirement

22.7 years of hard work.

271 months of service to our residents.

8244 days of selfless giving, volunteering, mentoring, and compassion. Agnes is one of the very special people that make up the dedicated staff of the IOOF Seniors Homes, and she will be greatly missed. It was

a touching farewell, and we thank her for her service over the years. "Life has been a wonderful journey with ups and downs, and my journey with each one of you has touched me deeply. I am so pleased the last 22 years has been here with you; Residents. Coworkers. Friends. It isn't work when you love what you do, it is just fun" -Agnes.





You may notice some films crews and media here over the past few weeks, and as we continue with some projects into this Spring. Part of a new partnership, and with donations from Five Points Media here in Barrie, a documentary is being completed on the history of the IOOF. following the Butterfly Project currently underway.

If you would like to participate in this documentary, or share your experiences with the IOOF, please reach out to Micheline Robichaud. 705.728.2389 mrobichaud@ioof.com



BY 2041, ONTARIANS OVER 90 WILL QUADRUPLE.



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A MESSAGE FROM OUR CEO

I am delighted that we are in the season of spring. It is a season of both tradition and change. One of the reasons for my delight in spring is that it marks the beginnings of something new. Nature takes on a new look and is beautiful to behold. We note that nature does not resist but rather accepts and embraces the inevitable changes. As with nature, humankind experience seasons of change.

Some of the changes are pleasant while others may not be so. But if we hang in there, the bad times turn to good, the long dark nights turn to lighter, longer days, the rains pass, and the flowers bloom. It is with this vision of change that I am pleased to share with you many new initiatives and projects in the works. Which is why our Newsletter will now be going out four times a year. We have much to share, and especially exciting is our Butterfly Project, more details of which can be found on page 4.

I believe that as we move towards a more open and public approach to the work we do here, the stories and connections of our residents will touch the hearts and souls of the citizens of our City, and each one of you as well.



Garry C. Hopkins, CEO



NEW FACES AT HERITAGE PLACE

Micheline Robichaud is our new Manager of Revenue Development. You can reach her at mrobichaud@ioof.com, 705.728.2389 ext 315, or stop by her office Tues—Thur.



Stephanie Hopkins is our new General Accountant and can be found in the finance office of Heritage Place.



"Growing up in the area and having many of the same core values made IOOF Seniors Home an ideal place to work and give a little bit back to the community in a small way." You can reach her in the

offices Mon-Fri. or at shopkins@ioof.com

We are collecting short stories to share on our social media and newsletters. Each and every one of you has a story to tell. You have loved, you have lost, you have succeeded, and you have struggled, and you have survived it all. We want to hear about it all: a fond moment, a memory you cherish, a funny tale, a brief glimpse into history. Please submit to Jillian Sliter or Micheline Robichaud in the Revenue Development office. If you need help scribing your story, we would be happy to assist.



My African Safari

It was 2009, I had been living alone for 17 years (my husband passed away in 1992), and I decided it was time for me to make a move and sell my house, and so I moved to the Manor at IOOF in April of 2010.

It was in that summer of 2010 I decided it would be nice to travel to some exotic place. After talking to my sons, who shared my enthusiasm, we decided on an African Safari for my 80th birthday. So on February 11, 2011, six of us took off for what turned out to be the most fantastic of adventures.

After 22 hours flying, and a 6 hour stop in Amsterdam, we arrived in Arusha, Tanzania, and for the next 8 days we had every need attended to by our guide. We travelled in a land rover, stayed in comfortable accommodations, tree top cottages, and hard sided tents.

Each morning we were awoken by Maasai Warriors, while we enjoyed coffee and biscuits.

Lunches were served in the desert or Serengeti, the game park, or wherever we happened to be that day. Dinner would be back out our home base for that evening.

We saw many animals: Lions, Zebras, Giraffes, Hippos, Monkeys, so many different kinds of Deer. We watched a Wildebeest give birth to her calf, while the other animals in the herd circled her and provided protection and warm for the new baby. We watched a lion sniff the tires of a jeep, lick it, and then bite it! We spent 3 days in Madagascar, we swam in the Indian Ocean, and we reveled in the majesty of the beauty all around us. We had so many amazing experiences.

This was truly the trip of a lifetime. -Lvea H.

Ministry Service Area Office contacts

Uncertain who to contact about inspections? The Ministry has provided a new list showing the appropriate Service Area Office and contacts for every home. These key contacts can address questions or concerns about inspections and inspection reports. The IOOF Senior Homes is under the Sudbury SAO.

Brad Robinson SAO Manager, Sudbury.

Monika Gray Inspection Manager, Sudbury SAO

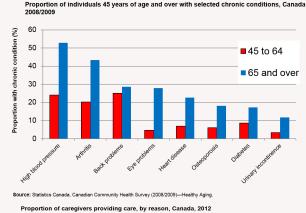
Alain Plante Inspection Manager, Sudbury SAO

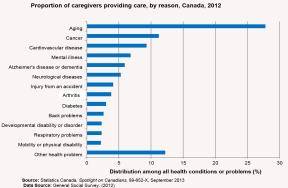
brad.robinson@ontario.ca 705-564-7489 monika.gray@ontario.ca 705-564-3137 alain.plante@ontario.ca 705-564-3302

Ministry backgrounder on window safety

As spring approaches, the Ministry has prepared an update on window safety for long-term care homes. To ensure resident safety, the Long-Term Care Homes Act, 2007 (LTCHA) requires that windows must not open more than 15 centimeters. Specifically, section 16 of Ontario Regulation 79/10 requires that: Every licensee of a long-term care home shall ensure that every window in the home that opens to the outdoors and is accessible to residents has a screen and cannot be opened more than 15 centimeters. More information can be found on Itchomes.net

HEALTH AND AGING





Canada has an aging population, and this has significant implications for the health care services they will need in the future.

By 2041, the population of seniors aged 65 and older in Simcoe Muskoka is projected to surpass 218,800, which is more than double the number of seniors from 2011.

